

Money

and Making It On Your Own



Are you a woman who would like to become more independent?

Would you like to gain control of your finances?

Would you like to meet other women experiencing similar struggles?



Then come to our 8-week group:

"Money and Making It On Your Own"
and turn Fear into Hope!

GROUPS RUN:

Sept.-Nov. 2009, Jan.-Mar. and Apr.-May 2010

LOCATIONS:

K-W Counselling Services,
Kitchener-Waterloo Multicultural Centre,
Focus for Ethnic Women
YMCA Kitchener-Waterloo
Women Crisis Services
Cambridge Shelter Corporation

TOPICS:

- Self Care and Nurturing
- Making Household Budgets
- Saving Your Money
- Credit/Creditors
- Goal Setting
- Shopping Tips
- Recognizing Financial Abuse
- Legal Aid/Family Responsibility Office
- Understanding Your Legal Rights

This program is in partnership with
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Condition féminine
Canada



Status of Women
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